



lordoflife

EARLY EDUCATION CENTER

What it means to be potty trained at preschool

Potty training can be one of the most stressful and frustrating phases of parenting and often what works at home doesn't work at preschool – for example: staying dry when naked from the waist down or setting a timer for every 15 minutes. It is our goal to help your child continue the success they are having at home when they come to preschool. Below are some helpful tips on what it means to be potty trained at school.

Potty training is typically NOT mastered in a weekend. For many children the process can take closer to 6 weeks to stay consistently dry in underwear during waking hours.

A child who is potty trained should:

- Be able to TELL their teacher they have to go potty with enough time to get to the bathroom.
- Be able to wear underwear at school (a pull up or diaper is fine at nap).
- Be able to wipe themselves after using the toilet (we will give assistance in our 2's and 3's classes after a bowel movement).
- Be able to sit on the toilet without the aid of a potty seat.
- Be able to get their underwear and pants up and down without assistance (we will help with buttons/zippers).
- Be able to get on and off the toilet by themselves (step stools are available).
- Be able to wash and dry hands.

We understand that accidents happen, but they should be infrequent. A child who is having frequent accidents is not considered potty trained.

Please make sure your child has an appropriate change of clothes in their backpack. Any clothing item that is soiled will be sent home in a plastic bag and parents will be notified of the accident. According to KDHE regulations, Lord of Life teachers are not to clean soiled clothes.